

National Federation Services & Development

18 October 2024 | Torremolinos



Zoom Multilingual



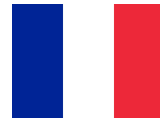
- There will be translation channels available within Zoom.
- Translations will be provided in English, Spanish and French.
- Translator will be at 80% volume with original audio at 20% volume in order to hear speaker's tone.



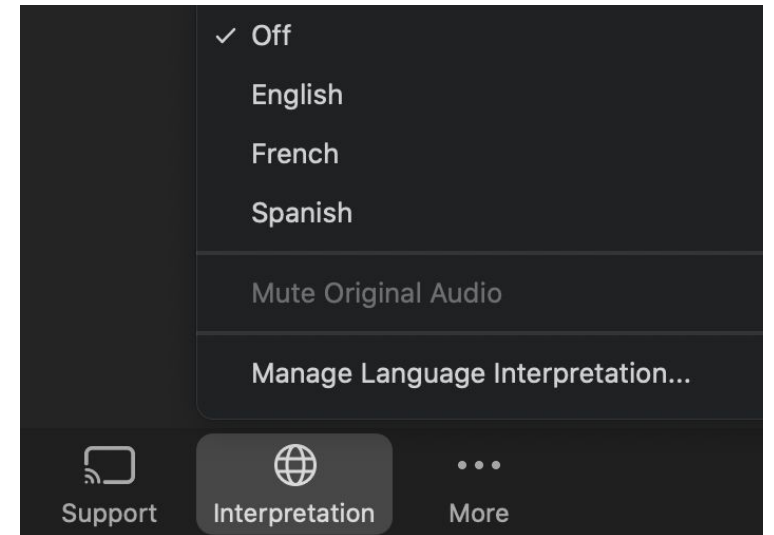
Channel 1



Canal 2



Canal 3



How to ask questions



Please use the **chat function!**

.

For any questions that are not answered during the meeting please send them at federations@triathlon.org or development@triathlon.org.

Q&A

Welcome

Marisol Casado

President



AGENDA

01 Welcome & Introductions

02 Overview | Paris Olympic Cycle (2021-2024) | Q&A

03 Development Regional Cup Concept | Q&A

04 TRI Education & Knowledge Hub | Q&A

05 Closure

Overview of the Paris Olympic Cycle (2021-2024)



Celebrate Together ! | Your NF Achievement



**Please share the
most remarkable
achievement of
your NF during the
Paris Olympic
Cycle?**

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*Please add your country name/code
to your reply.*

Video | Summary Paris Olympic Cycle



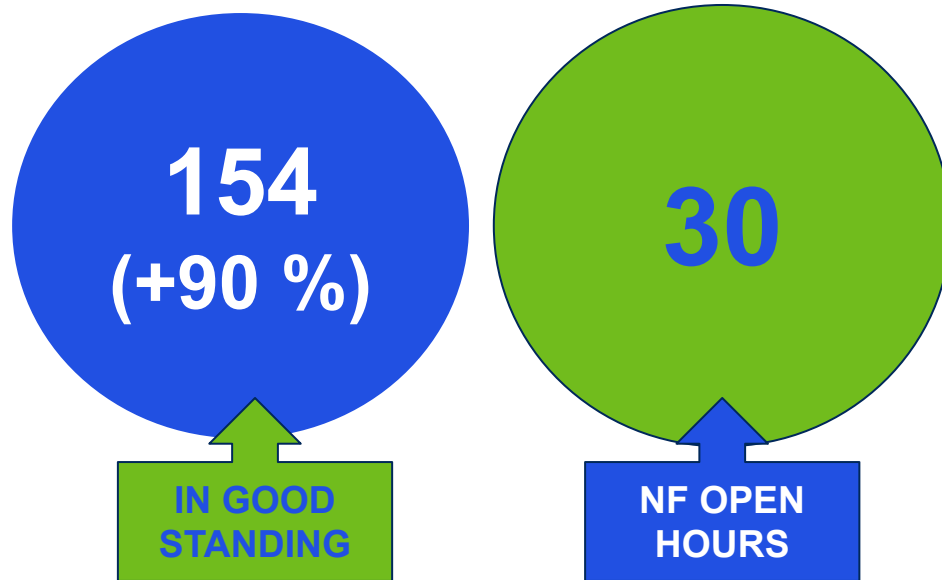
Facts & Figures | Paris Olympic Cycle



3	CEPP National Federations (BRA, ROU)	31	Development Regional Cups
3	New Triathlon Nations at the OG	36	Athlete Scholarship Holders
5	CPD Courses for Coaches/Athletes	54	Accredited Mentors
6	New TRI Members	96	Facilitators
10	Team World Triathlon Members at Paris OG	170	TRI Members
10	Paralympians with Support Grant at Paris PG	374	Development Projects
10	WISH Graduates	721	Continental Development Camp Participants
10	ACEP National Federations (TUR)	1757	Certified Coaches
18	ATOEP National Federations (USA, ITA)	2378	Certified Technical Officials
19	Para Athlete Scholarship Holders	10 484	Local Technical Officials
27	Team World Triathlon Members	15 013	Education & Knowledge Hub Subscribers
30	NF Virtual Open Hours	3 620 000	Continental Development Grant Allocation (USD) ASICS

NF Services & Good Governance

Facts & Figures



- **+80% of NFs are In Good Standing** constantly
- **NF Virtual Open Hours**
- **Hybrid Congress**
- **Good Governance Benchmarking**
- **Good Governance Education (Safeguarding, EDI, Prevention of Competition Manipulation)**
- **Member Affiliation Documents Review**
- Increased transparency | **NF Profile** on triathlon.org
- Continental Budget Management of Oceania Triathlon and Americas Triathlon
- **ASOIF IF Good Governance Assessment TRI** scored consistently well overall and performed well compared to other IFs with similar revenue and staff numbers.


What's New in the Paris Olympic Cycle? | Our Achievements


Good Governance | New NF Profile








USA Triathlon

About the Federation



Region	Americas
Country	United States 
NF Group	4
President	Joel Rosinbum
Secretary General	Tim Yount
CEO	Victoria Brumfield
Founded	1983
Phone	1 719-597-9090
Fax	+1 719.597.2121
Email	Main Federation Email Age-Group Inquiries
Website	https://www.usatriathlon.org
Address	5825 Delmonico Drive, STE 200 Colorado Springs, CO 80919

Latest News

- 
When opportunity knocks - Chase McQueen
 Chase McQueen had quite the World Triathlon Championship Series debut at Leeds in 2021. Leading the swim at the first buoy, by his own admission that frantic starting pace was impossible to...
 15 Feb, 2022
- 
Training, teammates and Tokyo tactics - Katie Zaferes on the World Triathlon podcast
 For the thirteenth episode of the World Triathlon podcast, USA's 2019 World Champion Katie Zaferes dialed in from her family home in Maryland as she begins the...
 19 Aug, 2020
- 
TRIATHLON FESTIVAL IN SARASOTA
 Between Saturday and Sunday in Sarasota were held Sprint Triathlon Championship, Mixed Relay, Paratriathlon and American Junior. <http://americas.triathlon.org/results>
 13 Mar, 2016
- 
KNIBB AND KANUTE WON IN CLERMONT
 Americans Taylor Knibb and Ben Kanute took the win in the Clermont CAMTRI Sprint Cup. Knibb crossed the finish line in 59m51s. Her compatriot Sarah Haskins in 1h00m01s and the British...
 06 Mar, 2016
- 
Canadian Team won the mixed relays
 The Canadian Team, which included Emy Legault, John Rasmussen, Dominika Jamnicki and Jeremy Briand, was gold in the Mixed Relay Championship in Sarasota. The Teams from the USA and Mexico...
 15 Mar, 2015

Recent Events

- 2024 Pan-American Masters Games - Standard Triathlon**
 14 Jul, 2024
 Cleveland, United States • [Results](#)
- 2024 Pan-American Masters Games - Standard Aquabike**
 14 Jul, 2024
 Cleveland, United States • [Results](#)
- 2024 Pan-American Masters Games - Standard Duathlon**
 14 Jul, 2024
 Cleveland, United States • [Results](#)

Upcoming Events

- 2024 T100 Triathlon World Tour Lake Las Vegas**
 19 - 20 Oct, 2024
 Lake Las Vegas, United States • [Start Lists](#)

Governance

- [NF Survey Report](#)
- [Financial Statements](#)
- [Constitution](#)
- [NOC Letter](#)
- [Letter of Compliance](#)

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Governance

- [NF Survey Report](#)
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- [Letter of Compliance](#)

[USA Triathlon • World Triathlon](#)

Please reflect! | NF Open Hours



1. Do you or your NF representatives attend the NF Open Hours?
2. On a scale from 1 to 5 how useful the NF Open Hours are for you?
3. On a scale from 1 to 5 how informative the NF Open Hours are for you?
4. On a scale from 1 to 5 how relevant the NF Open Hours are for you?

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Please help us to improve ! | NF Services



**What initiative or
service should be
implemented to
serve our Members
better by the end
of 2028?**

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Athletes' Development & Education



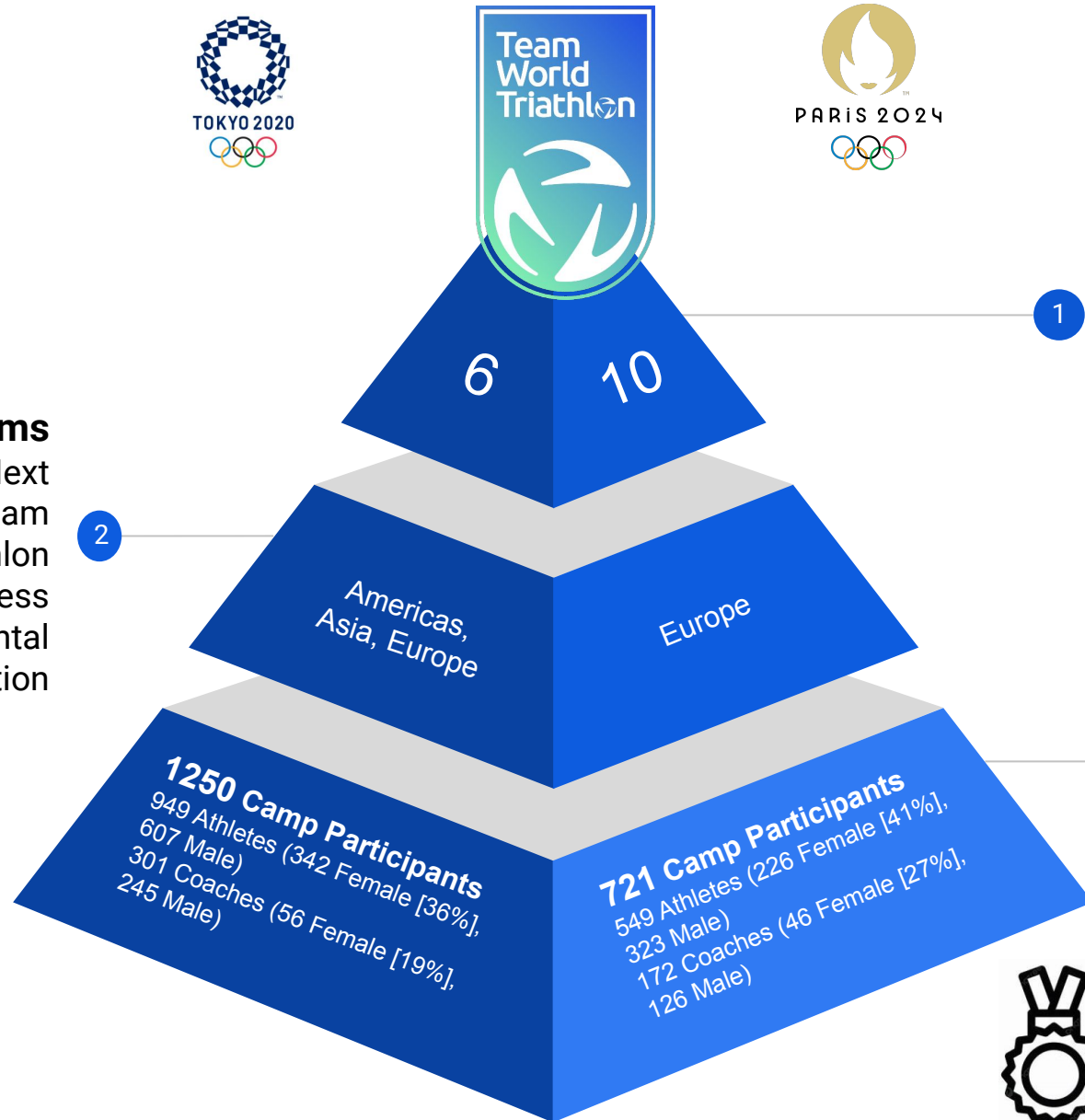
Continental
Cups &
Champs



Continental Teams

- Feeding the Next Generation of Team World Triathlon
- Continental Success
- Aiming Continental Games Participation

2



Team World Triathlon

- Long Term Elite Athlete Development Programme
- Aiming Olympic Games Qualification & Participation
- World Level

World
Cups



Continental Development Camps

- Talent Development
- Development Pathway

Development Regional Cups
Youth, Junior CC & Chs



Athletes' Development & Education



- The **highest number** of Team World Triathlon members + TRI Athlete Scholarship Holders **qualified for the Paris 2024 = +10% of the entire Olympic field (Three new NFS: Iceland, Guam, Togo)**
- **First ever Oceania New flag** in TRI Olympic History = Manami Iijima (GUM)
- Introduction of **Race Previews** (World Cups), **Race Reviews** (Paris 2023 Test Event, Paris 2024)
- **Anti-doping Education**
- **Safeguarding Education**
- Introduction of **four new Continental Development Camp Curriculum Documents**
- **Integrated Coach & Athlete Education & Development** (Camps, Development Regional Cups) linked to the Hub

What's New in the Paris Olympic Cycle? | Our Achievements

Team World Triathlon |



- **Provide support, resources and expertise to athletes from Group 2-3B, 3A NFs with the potential to qualify for the Los Angeles 2028 Olympic Games**
- Looking after **young talent**, facilitating their athlete careers from U23 to elite, aiming for the **Brisbane 2032 Olympic Games**
- **Born in 1998 or later**
- **Top 250 of World Triathlon Ranking**
- **Remarkable results at Continental Level**
- Projects are held in conjunction with **World Cup events (3-5 events / year)**
- **Gender consideration in selection: 50 % female (5 men & 5 women)**
- **Female-specific considerations**



Support for the maximum of **two (2) Olympic Cycles** 1st-2nd year: **observation & pre-selection**, 3rd year: **bigger pool**, more given opportunity, 4th year: performance-based selection, **strict focus on Olympic qualification.**



What kind of initiative (education, development activity, rule) could increase junior & U23 female participation?

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Coach Development & Education



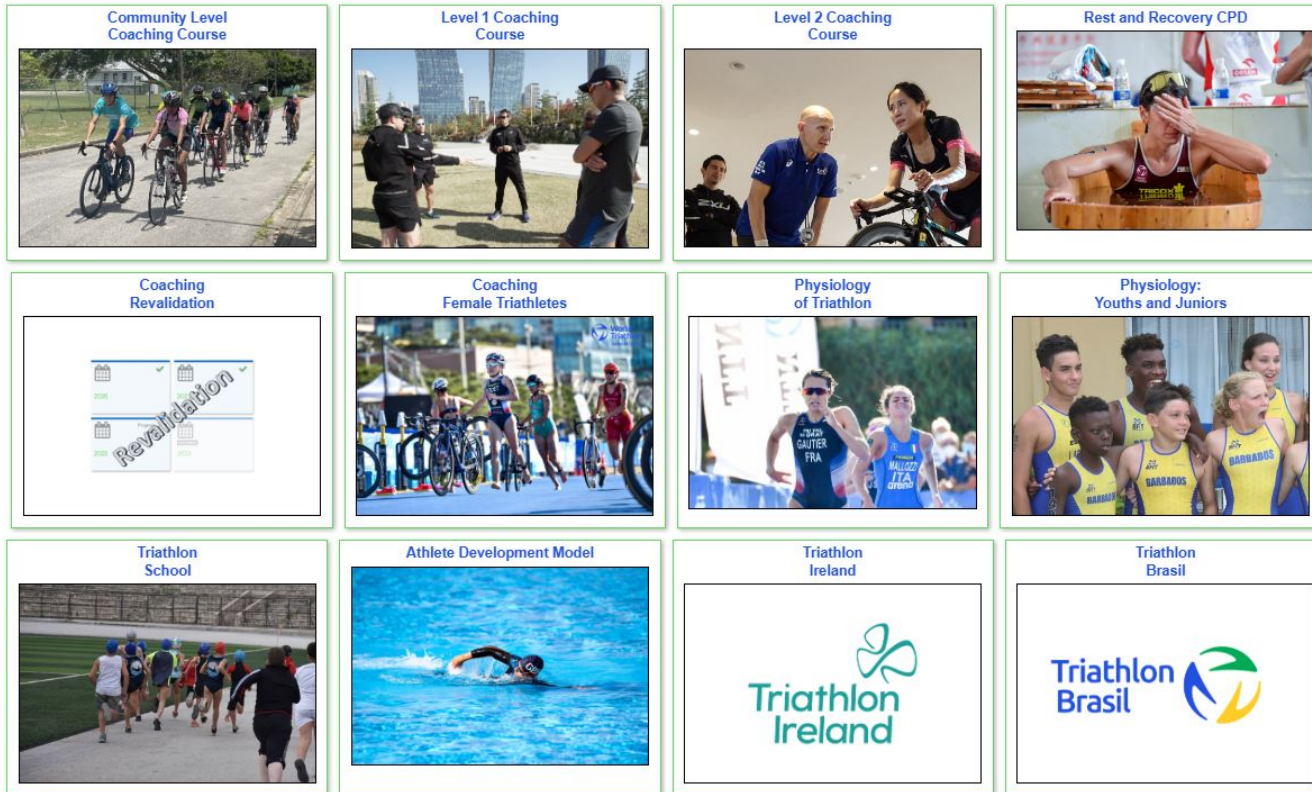
Facts & Figures

518 <ul style="list-style-type: none"> • 151 Female [29%] • 367 Male 	218 <ul style="list-style-type: none"> • 57 Female [26%] • 161 Male 	114	60	89
Level 1 Certified Coaches	Level 2 Certified Coaches	Moving up from Level 1 to Level 2	Revalidated their certificates	NFs with TRI Certified Coaches
616 <ul style="list-style-type: none"> • 211 Female [34%] • 405 Male 	127 <ul style="list-style-type: none"> • 36 Female [28%] • 91 Male 	118	311	114



Coach Development & Education

What's New in the Paris Olympic Cycle? | Our Achievements



- Introduction of **CPD Education - Available to ALL**
 - Physiology of Triathlon for Youth & Juniors
 - Triathlon School
 - Coaching Female Athletes
 - Rest & Recovery
 - **NEW: Testing & Benchmarking**
- Introduction of **Race Previews** (World Cups) and **Race Reviews** (Paris 2023 Test Event, Paris 2024)
- **Revalidation of Expired Certification** (before 2014, after 2014)
- First steps towards **generating revenue through education**
- **CEPP Brazil & Romania**

Coach Development & Education

What's New in the Paris Olympic Cycle? | Our Achievement

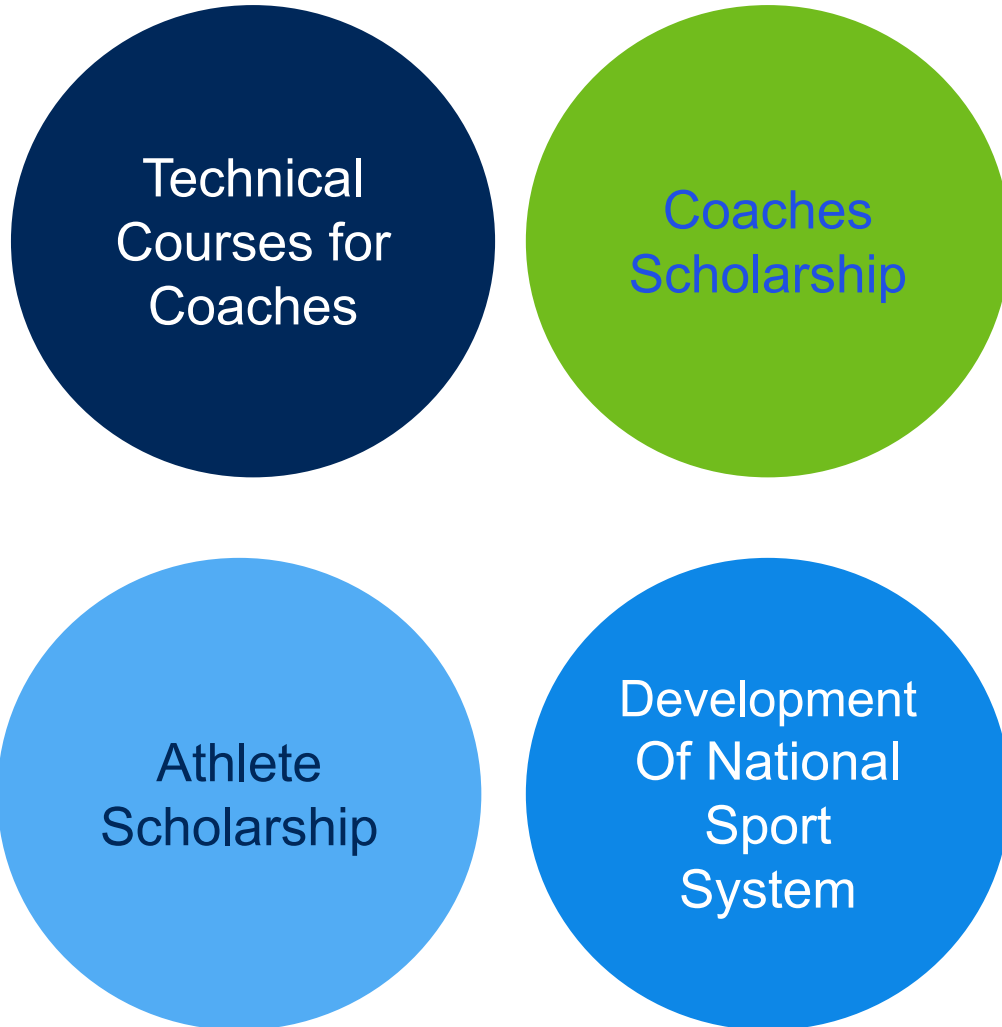
- Coaches **Community E-Course (to ALL)**
- L1, L2 Courses **Content Revision & Update**
- **ACEP Revalidation**
- **Integrated Coach & Athlete Development** (Camps, Development Regional Cups)
- **Safeguarding** (L1, L2, Coaching Female Athletes, Minors, Para triathlon)
- **Anti-doping Education**

Partnerships

- **Laureus Good For Sport: Body Confident Sport** roll out in 3 NFs (ITA, GBR, MEX)
- **WISH** (Women in Sport High-Performance Pathway) Programme with IOC OS
- **Swim Smooth** Partnership Renewal
- **Korea Triathlon Federation** Coach Education (7th edition)



Olympic Solidarity (2021-2024)



What's New in the Paris Olympic Cycle? | Our Achievements

- **↓ 15** Technical Courses for Coaches (~170 000 USD + 55 000 USD)
- **↑ 16** Coaches' Scholarship
- **↓ 15** Athletes' Scholarship (8 in Paris)
- **↑ 3** Development of National Sport System (CAM, SRB, KGZ) (~100 000 USD)
- **↑** Youth Development Programme (Caribbean) (~25 500USD)



Olympic Solidarity (2025-2028)



ALL the 5 continents

To benefit from ALL programs

Strengthen NOC & NF Relations

Providing guidance & support in application process

- **10% increase** of the overall budget (650 000 000 USD)
- **16 % increase** the support for **athletes programmes**
- **expanded investment in youth programmes**, focus on Africa in anticipation of the **Youth Olympic Games Dakar 2026**
- Increased support for **refugee athletes**
- **Increased support for NOC Management**

Let's benefit MORE! | IOC Olympic Solidarity



**What could TRI
improve to
increase the
number of IOC
Olympic Solidarity
recipient NFs by
2028?**

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TO & EO Development & Education

Facts & Figures (2020-2023)



- **121** National Federations have at least ONE L1 or L2 or L3 TRI certified TO
 - **1894** L1 TOs (↑ 6 % | 38% F)
 - **410** L2 TOs (↑ 1 % | 34% F)
 - **74** L3 TOs (↑ 28 % | 35% F)
- (Due to the COVID and the changes in the certification system, we have managed to recover our numbers and increase the last two years.)
- **2 USA, ITA** achieved Accreditation of Technical Officials Education Programme (ATOEP)

What's New in the Paris Olympic Cycle? | Our Achievements



- Implementation of the **new TO certification system**
- **50-50% gender ratio** in ITO and NTO selections for Major Games
- **Increase 5% gender ratio** in the selection of TDs for World Triathlon and Continental Triathlon events
- **Launching TOs Community E-seminar** available in 3 languages (English, French, Spanish)
- Establishment of a **Technical Education Advisory Group** (creating and reviewing education materials)



What's New in the Paris Olympic Cycle? | Our Achievements

- **Self-enrolled modules** for Multisport, Para triathlon, Competition Jury, Medical Delegates
- **Modularisation** of all online e-seminars
- **COVID measure webinars**
- **Safety Task Force webinars**
- 18 NFs under the **ATOEP** program (**USA, ITA**)
- **MEMO with World Athletics** for the participation of TRI MDs in the IIRM-World Athletics Endurance Medicine Conference Series

Para triathlon Development & Education



- Para triathlon **Coaching Course**
- Para triathlon **Development Camp**
- Para **Classifier Revalidation**
- Para athlete **Support Grant**
- **Safeguarding for Para triathlon**
- **TRI EB Decision (2022): 10 % of Continental Development Grant to be allocated to Para development**

What's New in the Paris Olympic Cycle? | Our Achievements

**What could help
grow Para triathlon
in your National
Federation?**

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Development Regional Cup

More Than Just An Event



TRI Development Regional Cup



“Bridge the gap between National Level and Continental Level”

- NF Group **2, 3B, 3A**
- Only NFs from **the continent of the host nation**
- **Minimum 4 NFs** Criteria / per gender
- World Triathlon Ranking = **250th or more** (on the day of the start list creation)
- **Sprint Distance | 16 yrs** minimum age (Mixed Relay, Kids Race, Duathlon or Aquathlon are welcome)
- No registration fee
- No prize money
- **Development activity** or/and **education opportunity** for athletes, coaches, technical officials, event organisers and National Federations
- **125** World Triathlon Ranking **Points**

Continent	2022	2023	2024
Americas (25)	8 (GUA, PAN, CRC, PAR, ESA, COL, DOM, URU)	8 (PUR, GUA, BOL, BAR, PAN, CRC, PAR, DOM)	9 (PUR, GUA, BOL, BAR, CRC, DOM, TTO, PER, URU)
Africa (5)	-	2 (KEN, SEN)	3 (ALG, KEN, SEN)
Asia (1)	-		1 (JOR)



Caribbean Regional Development



- **Coach Education:** bridges Triathlon University education to TRI pathway
- Intense, tailormade **L1 & L2 Coaches Education**
- **36 newly certified coaches**
- **3 Facilitators' Education & Mentorship**
- **Development Regional Cup Concept Implementation**
- **Youth Development Funding** by IOC OS towards CARIFTA Championships (2022)
- **IOC Olympic Solidarity Funding** (Coaches, Athletes)



Caribbean Regional Development



2024
LEVEL 1
ENGLISH COACHES COURSE.
CARIBBEAN REGION.



Karen Araujo
Javier Mon
Claudia Beristain
kara Donnelly
Darren Treasure
Jonah Camps
Zita Csovelyak
Istvan Jankov
Firas Al-Hmood
Katia Colina

Team !!

Work !!

Be your extraordinary

1. **Would you be interested in hosting a Development Regional Cup?**
2. **Would you attend a Development Regional Cup?**
3. **Should TRI include Admin. Management and/or Good Governance initiatives to the DRC concept?**

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World Triathlon Education & Knowledge Hub

Celebrating the 10th
Anniversary of the Hub



Evolution of the Education Hub (2014 - 2019)



C: Coaches L2 (English)
C: Coaches L1 (Spanish)
C: Science + Triathlon Conferences (archive)
TO: Technical Officials L1 Revalidation Online (English)
AC: Activator (English)



C: Coaches L1 & L2 Online Revalidation (English)
C: CEPP - Ireland Coaches L2
TO: Technical Officials L1 Revalidation Online (Spanish)
F: Facilitators (English)



2016



2014

2017

2018

2019

C: Coaches L1 (English)

C: CEPP - Ireland Coaches L1
AC: Activator (French)

C: Coaches L2 (Spanish)
TO: Technical Officials L2 Revalidation Online (English)
A: Athlete Development Camps Administration (English)
A: ASICS World Triathlon Team Reporting (English)



Evolution of the Education Hub (2020 - 2024)



Legend: = Anti-Doping = Mentors, Mentees = National Federations = Para triathlon = All

C

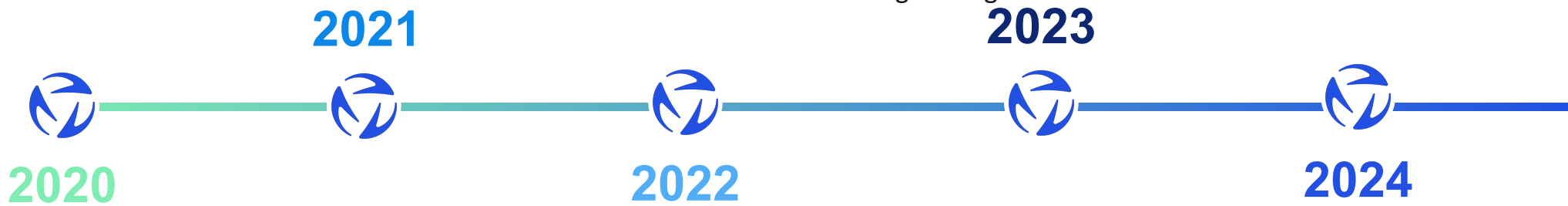
- C:** Modularization of Coaches Courses L1 & L2
- C:** Physiology of Triathlon CPD
- C:** Triathlon School CPD
- A:** Team Europe added to the Hub
- TO:** Webinars – COVID Measures
- ALL:** Prevention of Competition Manipulation

TO

- C:** CEPP Brazil
- C:** Rest & Recovery CPD
- C:** Revalidation of expired certifications (before and after 2014)
- A&C:** Four Development Camp Models
- TO:** Technical Officials Community E-Seminar English
- TO:** Safety Task Force Page
- P:** Para triathlon Classifiers Revalidation
- F:** Facilitator Course Update (online)
- AD:** Anti-Doping Education (Youth, Para)
- ALL:** Safeguarding Education

AD

AC



M

F

2020

- C:** Introduction of CPD Education
- A:** Athlete Weekly Tips
- M:** Mentorship Program - Mentors & Mentees (English)
- ALL:** Webinars: Coaches, Technical Officials & Event Organizers, Athletes (English, Spanish),
- ALL:** Open Resources (COVID-19 emic & beyond)

NF

A

2022

- C:** Coaching Female Athletes CPD and **C:** Physiology of Triathlon - Youths and Juniors CPD
- TO:** Self-enrolled Modules of Multisport (Winter Triathlon, LD Triathlon, Aqua bike, Cross events, Health, Safety and Risk, management, Protest & Competition Jury, Para triathlon, Modularization
- F:** Facilitator resources, revalidation
- AD:** Anti-Doping Education (Elite, Coaches)
- ALL:** Race Previews (World Cups)

2023

- C:** Swim Smooth Partnership Renewal
- C:** CEPP Romania
- C:** Testing & Benchmarking CPD
- C:** Coaches Community e-Course
- C:** Coaches L1 & L2 Content Update
- TO:** Community E-Seminar in French
- P:** Para triathlon Coaching
- ALL:** Race Reviews (Paris Test Event, Paris 2024)
- AD:** Anti-Doping Education (linked to TRI sanctioned events)

P

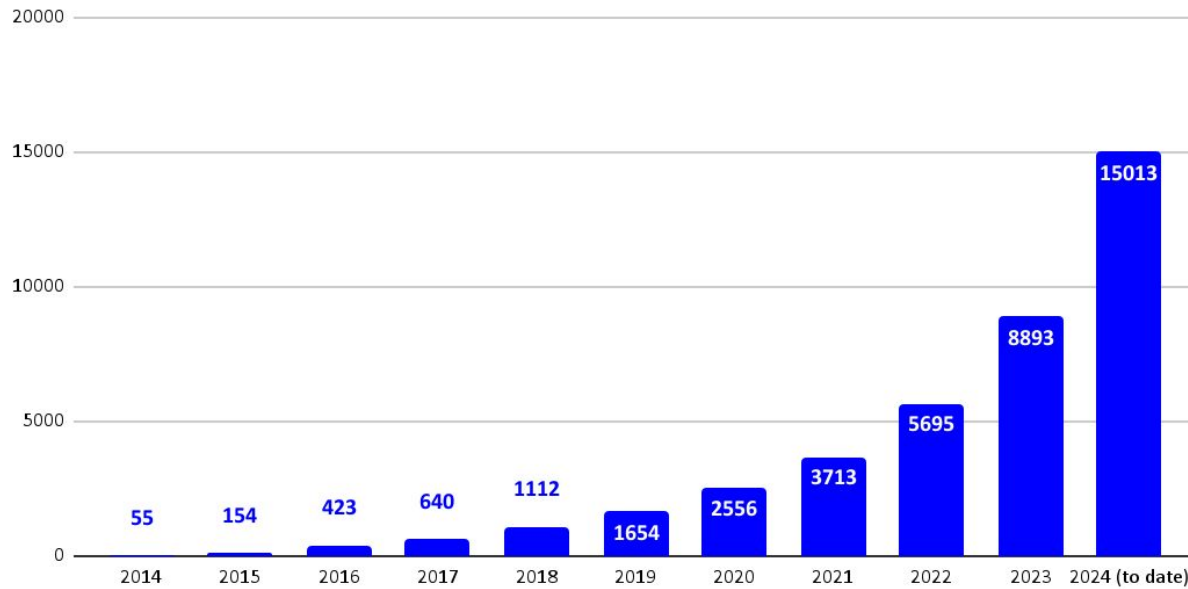
2024

ALL

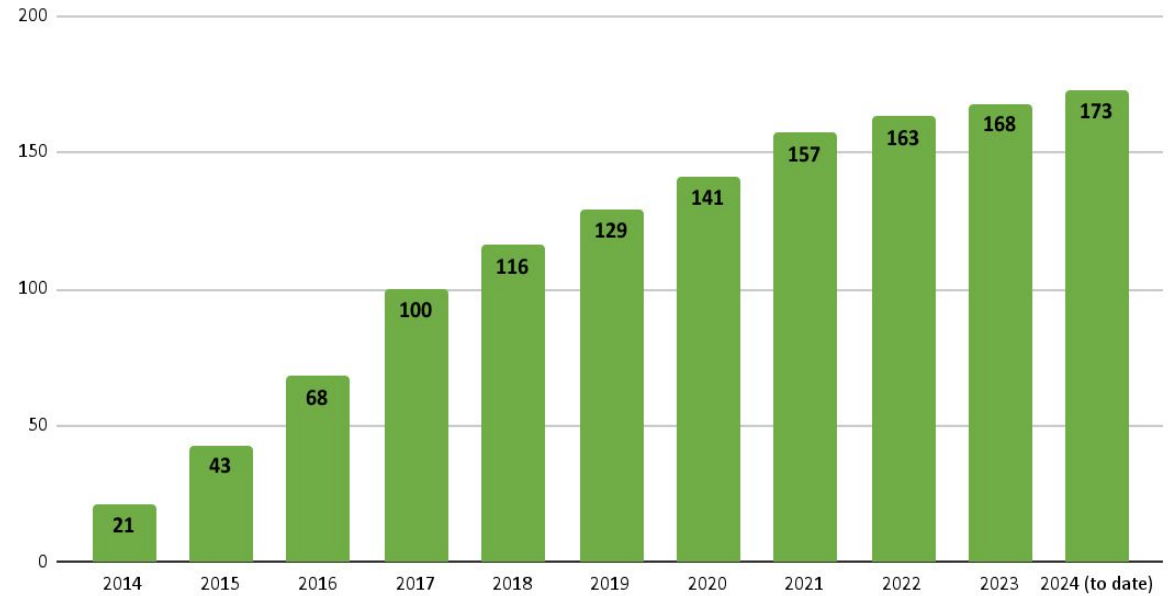
The Home of TRI Education & Knowledge



Cumulative Users



Cumulative Nations



Over **10** Years
More than **10 000** Active Individual Users
from **173** Nations

The Home of TRI Education & Knowledge



Home Triathlon.org Help Videos

Q Log in

Log in Register

Welcome to the World Triathlon's official e-learning education hub. This resource hub holds education and learning materials for individuals and member National Federations enrolled onto official World Triathlon education programmes. If you are returning to this website, please login using the username and password issued.

- Coaches
- Technical Officials
- Triathletes
- Para triathlon
- Anti-Doping
- Safeguarding



Testing and Benchmarking in Triathlon

Explore different testing protocols and tools. Learn how to use testing, benchmarking, and data analysis to evaluate the effectiveness of training programs, set specific goals, and identify athletes' strengths and weaknesses.

[Curriculum Document](#)

This costs \$50 USD to access.



2024 Paris Olympic Games Race Reviews

Review of both the Men's and Women's races at the 2024 Paris Olympics.

This costs \$12 USD to access.



Community Level Coaching Course

This course introduces the sport of triathlon from a coaching perspective and provides all the necessary knowledge to start working as an assistant coach. This is available to anyone to complete.



Technical Officials Community E-Seminar

This e-learning course has been developed to allow individuals to participate in the community level course online without physically attending a course.

- National Federations
- Activators
- Facilitators
- Mentors/Mentees
- Global Triathlon Safety Task Force
- Conferences
- Shared session plans

Dave Foord TRI Education & Knowledge Hub Developer

National Federation Survey



Access the 2023 NF Survey Reports

For 2023 NF Survey Report will be published on triathlon.org:

[National Federation Survey \(About\) | Development • World Triathlon](#)

For the **2023 NF Survey Individual Report** - please visit your NF profile on triathlon.org - will be available early December - notification will be sent to the NFs



National Federation Virtual Open Hours



Wednesday, 11 December
9.30 CET (ENG & FRA)

and

Thursday, 12 December
16.30 CET (ENG & ESP)

Planned topics:

- TRI Updates
- World Triathlon Calendar
- National Federation Survey Report



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Closure

Antonio F. Arimany

Secretary General





***“Grow Triathlon Globally
Build Legacy Locally”***

Thank you

All National Federations & Continental Confederations, Continental Coordinators and staff.

All our Facilitators, Coaches, Technical Officials, Para classifiers & Mentors,

Special thank you to French Triathlon Federation, Laureus Sport For Good, Korea Triathlon Federation, Swim Smooth, Olympic Council of Asia.

To our colleagues at NF Services & Development Department:

Adrienne Proseilo, Alfredo Sanchez, Firas Al-Hmood, Istvan Jankov, Paola Turconi, Ninon Jeanneret-Troboas, Rolf Ebeling,

To all project-based development contractors: Dave Foord, Emma Carney, Francesco Fissore, Vicent Beltran,
and the World Triathlon Executive Board and the entire Staff.



Thank you



Be your
extraordinary